

Health and Physical Education/Education K-12

Bachelor of Science (BS.HPE(K12))

Core Requirements				Credits	Notes/Instructions
College Sem.	Quest for Meaning	CSEM 100		3	†A student may be required to take ENGL 105 and/or MATH 100 based on placement exams administered prior to their first semester at King's College. ENGL 105 and MATH 100 are 3-credit courses and will count as free electives. †† The Intercultural Competence requirement can be satisfied by taking a 100-level language class for 3 credits or participating in an approved Study Abroad experience. (See college catalog for more information) SBM = Satisfied By Major requirement(s) and credit(s) listed below.
Communication & Creative Expression	Writing	ENGL 110†		3	
	Oral Communication	COMM 101		3	
	Literature	ENGL 140-149		3	
	The Arts	ARTS 100-149		3	
Citizenship	History	HIST 100-149		3	
	Intercultural	FREN/GERM/SPAN 100-level or Study Abroad††		3	
	Global Connections	ECON 150-199; GEOG 150-199; HIST 150-199; PS 150-199; SOC 150-199		3	
Quantitative & Scientific Reasoning	SBM Quantitative Reasoning	MATH 120+ or higher level (MATH 101 & MATH 102)		-	
	SBM Scientific Endeavor	NSCI 100 (satisfied by EXSC 219)		-	
	SBM Science in Context	NSCI 171-199 (satisfied by EXSC 220)		-	
	Human Beh. & Soc. Inst	ECON 111, 112; GEOG 101, 102; PS 101, PSYC 101, SOC 101		3	
Wisdom, Faith, & the Good Life	Introduction to Phil.	PHIL 101		3	
	Phil. Investigations	PHIL 170-199		3	
	Theology & Wisdom	THEO 150-159		3	
	Theology & the Good Life	THEO 160-169		3	
Total Core Credits				39	

EXSC Major Requirements*	Credits	EDUC Major Requirements*	Credits	Other Requirements	Credits
EXSC 102	1	EDUC 202	3	HCE 101 Holy Cross Exp.	1
EXSC 103	1	EDUC 231	1		
EXSC 104	1	EDUC 232	1		
EXSC 105	1	EDUC 235	3		
EXSC 150	3	EDUC 240	3		
EXSC 219	3	EDUC 270	3		
EXSC 219L	1	EDUC 305	3		
EXSC 220 ^{PR}	3	EDUC 308	3		
EXSC 220L ^{PR}	1	EDUC 350	3		
EXSC 245	3	EDUC 366	3		
EXSC 280	3	EDUC 440	3		
EXSC 290	3	EDUC 467	10		
EXSC 325	3	EDUC 468	2		
EXSC 330	3	MATH 101	3		
CHEM 107 ²	3	MATH 102	3		
CHEM 107L	1				
Total Major Credits 34		Total Major Credits 47		Other Credits 1	

Total Credits Required for Graduation = 121

General Information:

A student must earn a minimum of 120 credit hours to be awarded the baccalaureate degree. The number of credit hours required for graduation may be higher in certain major programs or if the student elects to pursue a second major. Beyond the requirements of the Core Curriculum and of a student's chosen major program, the balances of the credit hours required for graduation are "free electives." ☐

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Suggested Sequence

A suggested course sequence of degree requirements is listed below. Refer to the college catalog for course titles, descriptions, and prerequisites. Always consult your Academic Advisor when planning and scheduling your classes.

Fall		Credits	Spring		Credits
_____	EXSC 102 Foundations of Health & Physical Education	1	_____	CHEM 107 General, Organic, and Biochemistry	3
_____	EXSC 103 Individual Sports	1	_____	CHEM 107L General, Organic, and Biochemistry Lab	1
_____	MATH 101 ² Theory of Arithmetic	3	_____	EDUC 270 ³ Introduction to Special Education	3
_____	Core Course (<i>CSEM 100 Quest for Meaning</i>)	3	_____	EXSC 150 Prev., Treat., & Emerg. Care of Inj.	3
_____	EDUC 202 Educ. Philos., Ethics, Issues & Trends	3	_____	MATH 102 ² Algebra & Geometry	3
_____	Core Course ¹	3	_____	Core Course ¹	3
_____	HCE 101 Holy Cross Experience	1			
		15			16
Summer		Credits			
Fall		Credits	Spring		Credits
_____	EDUC 235 ³ Sec. Development, Cognition, & Learn	3	_____	EDUC 240 Sec Multicultural, Ling. & Instruc. Mthds	3
_____	EXSC 219 Anatomy & Physiology for Exercise Science I	3	_____	Core Course ¹	3
_____	EXSC 219L Anatomy & Physiology for Exercise Sci I Lab	1	_____	EXSC 104 Team Sports	1
_____	EXSC 280 Clinical Kinesiology & Anatomy	3	_____	EXSC 220 ^{PR} Anatomy & Physiology for Exercise Science II	3
_____	Core Course ¹	3	_____	EXSC 220L ^{PR} Anatomy & Physiology for Exercise Sci II Lab	1
_____	Core Course ¹	3	_____	EXSC 290 Exercise Physiology	3
		16			14
Admission to Candidacy (Complete and return "Application for Teacher Education Program Candidacy" to the Education Department no sooner than the completion of 48 credits and no later than 65 credits)					
Summer		Credits			
Fall		Credits	Spring		Credits
_____	EDUC 308 Methods of Health & Phys. Education	3	_____	EDUC 350 Secondary Classroom Management	3
_____	EXSC 245 Principles of Health	3	_____	EDUC 366 Methods for Teaching Diverse Learners	3
_____	EXSC 330 ^{PR} Alternative Methods of Exercise	3	_____	EXSC 105 Aquatics	1
_____	Core Course ¹	3	_____	EXSC 325 Nutrition and the Athlete	3
_____	Core Course ¹	3	_____	Core Course ¹	3
		15	_____	Core Course ¹	3
Summer		Credits			
Fall		Credits	Spring		Credits
_____	EDUC 305 ^{3,4} Assessment I	3	_____	EDUC 467 Observation & Student Teaching	10
_____	EDUC 231 Technology Module I	1	_____	EDUC 468 Student Teaching Seminar	2
_____	EDUC 231 Technology Module II	1	_____	EDUC 440 ⁴ Inclusive Education	3
_____	Core Course ¹	3			
_____	Core Course ¹	3			
_____	Core Course ¹	3			
		14			15
Total Credits Required for Graduation = 121					

NOTES:

¹Choose one course from each of the Core Requirements listed on the reverse side.

²Course may satisfy both a Major and a Core requirement. For Health and Physical Education/K-12 majors EXSC 219 and EXSC 220 satisfy the Scientific Endeavor and Science in Context Core requirements; MATH 101 and MATH 102 together satisfy the Quantitative reasoning Core requirement.

³Updated Child Abuse & Criminal Record & FBI Clearances **REQUIRED** for EDUC 215, EDUC 217, EDUC 230, EDUC 260, EDUC 270, EDUC 305, EDUC 306, EDUC 314, EDUC 366, EDUC 370, EDUC 390, EDUC 438 and EDUC 457.

^{PR} Course has a prerequisite – check college catalog.